

LOVE SHOULDN'T HURT

Overview of Catalyst Services

MEET THE TRAINER

- Sarah Sullivan
- Prevention & Outreach Program Manager
- Hired October 2015



THE MISSION OF CATALYST

... is to reduce the incidence of intimate partner violence through crisis intervention, community education, and the promotion of healthy relationships

24-HOUR HOTLINE: 800-895-8476

**1 IN 3 PEOPLE HAVE
EXPERIENCED ABUSE
IN A RELATIONSHIP**

ANYONE CAN BE A VICTIM.

ANYONE CAN BE ABUSIVE.



85% of survivors are women

15% of survivors are men

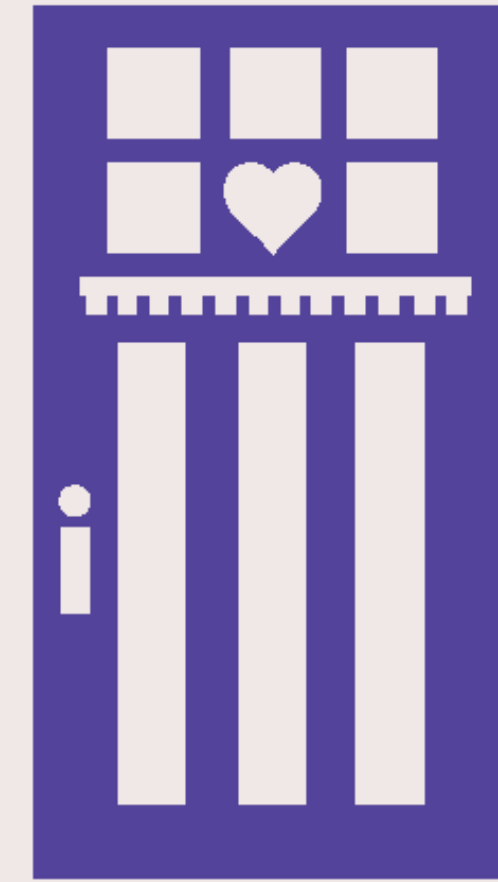
24-HOUR HOTLINE: 800-895-8476

LOVE SHOULDN'T HURT

Many people in abusive relationships feel trapped and unable to get help.

We offer safe, confidential and free services to those in need to get the support they deserve.

With Catalyst's support, participants have a safe place to be heard, helped and empowered.



CATALYST
DOMESTIC VIOLENCE SERVICES

(800) 895-8476

catalystdvservices.org

24-HOUR HOTLINE

- Catalyst's hotline is staffed 24 hours a day by trained domestic violence crisis counselors. Call **(800) 895-8476** if you or someone you know needs information or help with:
 - Crisis Assistance
 - Safe Housing
 - Safety planning
 - Referrals and resources
 - Supporting someone experiencing intimate partner violence
 - Developing healthy relationships
 - Other relationship questions

DROP IN OFFICES

- Temporarily closed to the public– phone appointments only
- When we re-open, in-person services will be provided using staggered scheduling to limit traffic in offices
 - Chico: 330 Wall St. Suite 50 343-7711
 - Oroville: 1931 Arlin Rhine Dr. 532-6427
 - Paradise: Counseling office coming soon!

LEGAL ADVOCACY

- Domestic Violence Temporary Restraining Orders
 - A helpful tool to assist victims/survivors and law enforcement officials in protecting a persons' safety.
 - Effective for 2 weeks, then court date determines if permanent restraining order (3 year) is approved
- Advocates are available to accompany participants who are scheduled to appear in court for their restraining order hearing and/or mediation.
 - Currently offering this service by phone

LAW ENFORCEMENT ADVOCACY

- Catalyst attempts to communicate with law enforcement to ensure that victims connect with an advocate as soon as possible after a domestic violence incident.
- Advocates provide follow up services:
 - Assistance accessing police reports
 - Following up with the responding officer
 - Filing a restraining order
 - Getting connected to other supportive services
- Currently offering this service by phone

COUNSELING

- Free & Confidential– no insurance required
- Beyond physical injuries, many people victimized by intimate partner violence experience **depression, low self-esteem, post-traumatic stress, and traumatic grief.**
- Counselors are professionally trained licensed or pre-licensed therapists who approach counseling in a trauma-informed, culturally sensitive, LGBTQ+ friendly manner.
- Individual counseling for **adults and children (5+)** by appointment in Chico, Oroville, and Paradise.
- Currently offering this service by phone

HOUSING PROGRAMS

Catalyst has multiple housing programs. They fall into different categories:

Emergency

- HAVEN

Transitional

- Cottages

Short term stabilization

- Rapid Re-housing

Long term stabilization

- Housing First

HAVEN

- Confidential location
 - No guests, service providers, or family who are not residents can pick participants up from or visit them at the shelter
- 32 bed facility– adults and children
- Communal living, all genders welcome
- If pets are a barrier to leaving, we may be able to accept dogs or cats
 - If there is space available
 - If they have documentation of current vaccinations
- Length of stay: 180 days (approx. 6 months) at a time
- Residents are offered a variety of supportive and advocacy services, including crisis intervention, legal advocacy, and counseling services to increase their ability to transition into safe, permanent housing.

HAVEN

- This program is a good fit for participants who:
 - Identify as a survivor/ victim of IPV
 - Are fleeing a violent relationship
 - Need confidential housing
 - Have an immediate safety concern in Butte County
 - Their current or former partner is looking for them
 - Are comfortable living communally
 - Shared sleeping areas and living spaces

RAPID RE-HOUSING

- Each participant has their own home or room somewhere in Butte County
- Catalyst provides financial assistance* for up to 1 year
- Mobile Advocacy
 - Housing Identification
 - Application Fees
 - Filling Out Applications
 - Gathering Information

*If funds are available, limited capacity

24-HOUR HOTLINE: 800-895-8476

RAPID RE-HOUSING

- This program is a good fit for participants who:
 - Identify as a survivor/ victim of IPV
 - Are fleeing or attempting to flee an abusive relationship that would result in homelessness
 - Are able to benefit from short term services and possess the ability to create a self-sufficiency* plan with a Housing Coordinator
 - Meet the expectation of Residency in Butte County for a minimum of 6 months
 - Feel comfortable living in non-confidential housing as determined by the participant

*Catalyst defines self-sufficiency as being able to pay for housing-related expenses necessary to remain in permanent housing after transitioning out of the Housing Program.

HOUSING FIRST

- Each participant has their own home or room somewhere in Butte County
- Aimed to help participants who need *significant support*
 - Advocates accompany survivors to housing appointments, act as a liaison with landlords, negotiate leases, and address other participant identified needs
- Flexible Spending*
 - Rent & utilities
 - Child care
 - Transportation
 - Employee uniforms



*If funds are available, limited capacity

24-HOUR HOTLINE: 800-895-8476

HOUSING FIRST

- This program is a good fit for participants who:
 - Identify as a survivor/ victim of IPV
 - Are experiencing chronic homelessness or are at greater risk of experiencing a longer time without housing should they become homeless.
 - Feel comfortable residing in non-confidential housing as determined by the participant.
 - Meet the expectation of Residency in Butte County for a minimum of 6 months
 - Have needs that HAVEN is unable to meet due to its capacity to support those struggling with significant mental health concerns and/or substance abuse

COTTAGE PROGRAM

- Confidential location
 - No guests, service providers, or family who are not residents can come to their home.
- 12 to 18 month lease
- Three Cottages:
 - Two 2-bedroom, 1-bath (family size 1-5 people)
 - One 3-bedroom, 2-bath (family size 3-7 people)
- Monthly fees
 - 20% of income goes to Cottage fees/utilities
 - 20% of incomes goes into a savings account with Catalyst

COTTAGE PROGRAM

- This program is a good fit for participants who:
 - Meet the expectation of Residency in Butte County for a minimum of 6 months
 - Are currently employed, currently enrolled in an educational/training program, or currently receiving disability income.
 - Have the ability to identify goals that will lead to financial self-sufficiency* within 12-18 months and that will contribute to physical and emotional well-being.
 - Have the ability to pay monthly associated fees with living in the Cottage Program

*Catalyst defines self-sufficiency as being able to pay for housing-related expenses necessary to remain in permanent housing after transitioning out of the Housing Program.

PREVENTION & OUTREACH PROGRAM

Catalyst has multiple ways of doing outreach in the community:

Presentations

- Adults & children

Professional Trainings

- Tailored to your group

Community Events

- Awareness Months

Social Media

- Facebook & Instagram

@catalystdvservices

PROFESSIONAL TRAININGS

Many service providers are unsure how to respond when confronted with a domestic violence case and therefore may lack the education to help those in need.

We've created personalized training to help providers recognize and effectively assist those experiencing abuse.

When you are properly trained in supporting those affected by domestic abuse you are able to help save lives.



(530) 343-7711

catalystdvservices.org

VOLUNTEER PROGRAM

- We love our volunteers and interns!
- Volunteers may provide a variety of services based on their professional and personal experience, and their educational background.
- Opportunities include:
 - Crisis intervention on the 24-hour hotline
 - Crisis intervention in our housing programs or drop-in offices in Chico and Oroville
 - Assistance in the Children's Program at HAVEN
 - Legal advocacy and court accompaniment
 - Educational groups for HAVEN residents
 - Providing information at community events
 - Administrative assistance

VOLUNTEER PROGRAM

- Minimum commitment of 6 months and approximately 4 hours per week
- Completion of 40-hour domestic violence crisis intervention counselor training
- Next training opportunity: August
- Apply online at

QUESTIONS?

SARAH@CATALYSTDVSERVICES.ORG

(530) 343-7711