



Sabbath House at the Jesus Center program offers a 24/7 sober sheltering for men and women. People interested in seeking shelter are encouraged to call and speak to a Shelter Monitor to schedule an intake appointment. The Sabbath House phone number is (530) 899-9343.

The mission of the Sabbath House is to help individuals find the path to a full life. We start by offering respite, and then invite individuals to co-create their personal journey towards purpose, independence, and wellness through our Pathways Program. It is our purpose to provide people with resources and opportunities to help them on their pathway towards ending their homelessness. We do this by using a Trauma-Informed Care Model with a strength-based approach.

Pathways Program Components include:

Respite: a pathway to provide opportunities to focus on rest, healing, and self-discovery.

Purpose: this pathway allows for participants to dive into their talents, gifts, skills, and purpose, along with the opportunity to engage in service tasks, skill building, specific vocational training programs and/or internship placements.

Independence: this pathway allows a person to focus on housing, financial health, legal issues, connecting with a mentor or a sponsor.

Wellness: this pathway allows the chance to experience health and wellness while staying in the Sabbath House. The Wellness Pathway focuses on opportunities to pursue physical, spiritual, emotional, and mental health.



For Pathways Program Questions Please contact Program Director, Shelly Watson at (530) 345-2640